

# SSC GD 90-Day Roadmap

## CBT + PET Complete Preparation Plan (Roadmap Style)

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### Phase 1: Foundation Building:

Complete 70% syllabus basics—score 80+ in sectional tests.

Focus on basics. Cover core topics in each section. Dedicate **1.5-2 hours per section daily**, plus 1 hour GK current affairs (read newspaper/app).

Days 1-7 (Week 1)	
General Intelligence & Reasoning <b>(1.5 hrs)</b>	Analogy, Similarities/Differences, Spatial Visualization/Orientation. Practice <b>50 Qs.</b>
Elementary Mathematics <b>(1.5 hrs)</b>	Number Systems, Whole Numbers, Decimals/Fractions. Solve <b>40 basic</b> problems.
GK/GS <b>(2 hrs)</b>	History (Ancient India), Geography (Physical features). Read <b>10 pages</b> Lucent.
English/Hindi <b>(1 hr)</b>	Basic Grammar (Articles, Nouns), Vocabulary <b>(10 words/day)</b> .
Physical/Revision <b>(0.5-1 hr)</b>	20-min jog + stretches. Revise Day 1 notes.

<b>Days 8-14 (Week 2)</b>	
General Intelligence & Reasoning <b>(1.5 hrs)</b>	Arithmetical Reasoning, Coding-Decoding, and Blood Relations. 50 Qs.
Elementary Mathematics <b>(1.5 hrs)</b>	Percentages, Ratio & Proportion, Averages. 40 problems.
GK/GS <b>(2 hrs)</b>	Polity (Constitution basics), Economy (Budget terms). Current affairs (Oct news).
English/Hindi <b>(1 hr)</b>	Verbs, Tenses, Synonyms/Antonyms. Read 1 passage.
Physical/Revision <b>(0.5-1 hr)</b>	Push-ups/sit-ups (3 sets). Weekly PYQ quiz (20 Qs).

<b>Days 15-21 (Week 3)</b>	
General Intelligence & Reasoning <b>(1.5 hrs)</b>	Non-Verbal Series, Figural Classification, Problem-Solving. 50 Qs.
Elementary Mathematics <b>(1.5 hrs)</b>	Interest (SI/CI), Profit/Loss, Discount. 40 problems.
GK/GS <b>(2 hrs)</b>	Science (Physics basics), Environment. Current affairs.
English/Hindi <b>(1 hr)</b>	Adjectives/Adverbs, Error Spotting. 1 comprehension.
Physical/Revision <b>(0.5-1 hr)</b>	3 km timed run. Revise weak topics.

**Days 22-30 (Week 4)**

General Intelligence & Reasoning <b>(1.5 hrs)</b>	Number Series, Syllogism, Semantic Analogy. 50 Qs. Mini-test (20 Qs).
Elementary Mathematics <b>(1.5 hrs)</b>	Mensuration (Area/Volume), Time/Work, Time/Distance. 40 problems.
GK/GS <b>(2 hrs)</b>	Current Events, Sports/Awards, Books/Authors. 10 pages + news.
English/Hindi <b>(1 hr)</b>	Sentence Improvement, Fill in Blanks. Practice 20 Qs.
Physical/Revision <b>(0.5-1 hr)</b>	Full body workout. Mock Test 1 (full CBT, analyze). Rest Day 30.

**Weekly Mock/Revision:**

Sunday - Sectional test (25 Qs each). Revise formulas/errors.

## Phase 2: Intensive Practice (Days 31-60)

Deepen concepts with advanced topics and speed-building. 2 hours per major weak section, 1 hour for other sections. Daily: 100 mixed Qs.

Days 22-30 (Week 4)	
<b>General Intelligence &amp; Reasoning (1.5 hrs)</b>	Symbolic Operations, Venn Diagrams, Trends. 60 Qs timed.
<b>Elementary Mathematics (2 hrs)</b>	Algebra (Equations), Geometry (Triangles/Circles). 50 problems.
<b>GK/GS (1.5 hrs)</b>	Biology (Human Body), Chemistry basics. Current affairs (Nov).
<b>English/Hindi (1 hr)</b>	Idioms/Phrases, One-word Substitution. 2 passages.
<b>Physical/Revision (1 hr)</b>	4 km run + planks. Revise Phase 1 Maths formulas.

Days 38-44 (Week 6)	
<b>General Intelligence &amp; Reasoning (1.5 hrs)</b>	Space Orientation, Drawing Inferences, Critical Thinking. 60 Qs.
<b>Elementary Mathematics (2 hrs)</b>	Trigonometry (basic), Statistics (Mean/Median). 50 problems.
<b>GK/GS (1.5 hrs)</b>	Static GK (States/Capitals, Rivers). Awards/Ports.
<b>English/Hindi (1 hr)</b>	Cloze Test, Para Jumbles. Practice 25 Qs.
<b>Physical/Revision (1 hr)</b>	Squats/jumps. Weekly GK quiz (30 Qs).

Days 45-51 (Week 7)	
<b>General Intelligence &amp; Reasoning (1.5 hrs)</b>	Embedded Figures, Paper Folding/Cutting. 60 Qs.
<b>Elementary Mathematics (2 hrs)</b>	Data Interpretation (Tables/Graphs). Review all. 50 problems.
<b>GK/GS (1.5 hrs)</b>	Miscellaneous (Inventions, Important Days). Current affairs.
<b>English/Hindi (1 hr)</b>	Active/Passive Voice, Direct/Indirect Speech. 25 Qs.
<b>Physical/Revision (1 hr)</b>	4.5 km timed run. Revise Reasoning patterns.

Days 52-60 (Week 8)	
<b>General Intelligence &amp; Reasoning (1.5 hrs)</b>	Full section review + mixed PYQs (80 Qs).
<b>Elementary Mathematics (2 hrs)</b>	Full Maths review + error analysis. 60 problems.
<b>GK/GS (1.5 hrs)</b>	Full GK static + 1-month current affairs compilation.
<b>English/Hindi (1 hr)</b>	Full language review + 3 comprehensions.
<b>Physical/Revision (1 hr)</b>	Interval training. Mock Test 2 & 3 (full CBTs, score 100+). Rest Day 60.

Weekly Mock/Revision: Sunday -
<ul style="list-style-type: none"> <li>• Full mock + analysis (focus speed). Revise current affairs weekly.</li> </ul>

## Phase 3: Revision & Mocks (Days 61-90)

Full revision + exam simulation. 3 hours mocks/revision daily, 1 hour weak areas. Minimize new learning.

Days 61-67 (Week 9)	
<b>General Intelligence &amp; Reasoning (1 hr)</b>	Quick revision: High-weightage topics (Analogies, Series). 40 PYQs.
<b>Elementary Mathematics (1 hr)</b>	Formulas sheet review + 30 tricky problems.
<b>GK/GS (1 hr)</b>	Lucent quick scan + Nov-Dec current affairs. 40 Qs.
<b>English/Hindi (1 hr)</b>	Grammar rules + 20 Qs.
<b>Physical/Revision (1-2 hrs)</b>	PET practice run (full distance). Daily revision notes.

Days 68-74 (Week 10)	
<b>General Intelligence &amp; Reasoning (1 hr)</b>	Error-prone topics drill. 40 PYQs.
<b>Elementary Mathematics (1 hr)</b>	Speed drills (20 problems/15 min).
<b>GK/GS (1 hr)</b>	Topic-wise quizzes (History/Science).
<b>English/Hindi (1 hr)</b>	Comprehension speed test.
<b>Physical/Revision (1-2 hrs)</b>	Stamina build (runs + strength). Mock Test 4.

Days 75-81 (Week 11)	
<b><u>General Intelligence &amp; Reasoning (1 hr)</u></b>	Mixed sectional tests.
<b><u>Elementary Mathematics (1 hr)</u></b>	Full chapter-wise revision.
<b><u>GK/GS (1 hr)</u></b>	Current affairs marathon (3 months).
<b><u>English/Hindi (1 hr)</u></b>	Full PYQs (40 Qs).
<b><u>Physical/Revision (1-2 hrs)</u></b>	Mock PET simulation. Mock Test 5 & 6.

Days 82-90 (Week 12)	
<b><u>General Intelligence &amp; Reasoning (1 hr)</u></b>	Light revision + 2 full sections daily.
<b><u>Elementary Mathematics (1 hr)</u></b>	Formula recall + mocks.
<b><u>GK/GS (1 hr)</u></b>	GK flashcards + news roundup.
<b><u>English/Hindi (1 hr)</u></b>	Language mocks.
<b><u>Physical/Revision (1-2 hrs)</u></b>	Full PET/PST practice. 3 full CBT mocks (Days 84, 87, 90). Analyze deeply. Rest Day 90.

## DAILY RULES

- 📌 100 Mixed Qs Daily | 📌 Mock Every Sunday | 📌 Formula Copy |
- 📌 CA Notebook |
- 📌 1 Hr Weak Area | 📌 Physical Training Daily | 📌 Mock Analysis |

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